State of Idaho Employee Assistance Program (EAP)



LOOKING UP



Some days it can be hard to stay positive. That's where your State of Idaho EAP can help. If you or your family members are dealing with stress and anxiety, family conflicts, or any other issues at home or work, our caring, qualified counselors are here to talk. We'll help you work through your issues and get back to a sunnier place.

Call: 877.427.2327 TDD: 800.697.0353

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