



Department of Administration

Office of Group Insurance

FY2022 Plan Information Highlights

For plan year July 1, 2021 - June 30, 2022

For the coming plan year, the State's health plan will continue to offer employees choice in the plan design that best meets their needs while enhancing the covered services and plan structures. Summaries of Benefits and Coverage (SBCs) and medical and dental premium rates are posted on the OGI website, <https://ogi.idaho.gov>. Full plan contracts will be posted to the website as soon as possible.

FOR ALL ACTIVE MEDICAL PLANS:

- **Weight management program**
Partnering with Wondr Health (formerly Naturally Slim) in a lifestyle intervention program, at no charge or members who participate in the program, that uses technology and online resources to engage members and develop healthy habits around food and activity with the goal of lowering weight and improving health.
- **Diabetes lifestyle management program**
Partnering with Livongo in a program that uses technology and dietary coaching for lifestyle intervention and physical activity. Testing supplies and program apps are provided at no charge to members who participate in the program.
- **Exclusive specialty pharmacy**
All specialty prescriptions will be filled via mail order with IngenioRx's exclusive specialty pharmacy.
- **Other previously excluded coverages now added**
Services including acupuncture, breast reduction surgeries, nutritional formula, cranial helmets, wigs, diabetic shoes, and orthognathic (jaw) surgeries. Refer to the SBC's and plan documents for detailed information.

PPO & TRADITIONAL PLAN UPDATES (For Active & Retiree Plans)

- **\$100 ER copay**
Emergency Room visits will be subject to a \$100 copay. If the visit results in a hospital admission, no copay will be assessed.

DENTAL BENEFIT CHANGES

- All preventive services will be covered at 100%, and the deductible for non-preventive services has increased to \$50.

FLEXIBLE SPENDING ACCOUNTS (FSA)

- Day Care FSA limits have been increased to match the federal contribution maximum, \$7,746.




Setting up your telehealth benefit is now as easy as sending a text message!



Sophie Says

Meet Sophie, your MDLIVE personal assistant. Sophie makes creating an MDLIVE account quick and easy using your smartphone, anytime, anywhere. Text 'bcidaho' to MDLIVE (635483) to get started. Have your member ID number handy as well.












How it works

1.  Activate your account
2.  Choose a doctor
3.  Resolve your issue



Text 'bcidaho' to MDLIVE (635483)

As a plan participant, you can save time, save money and improve your health with continued access to the following programs:

-  **Mail-Order Pharmacy** - get 3-months of your maintenance medications for 2 copays
-  **Condition Management** for: asthma, diabetes, COPD, coronary artery disease or congestive heart failure to work with a case manager to coordinate your care and provide resources
-  **Care Management** assists members navigating complex medical conditions and procedures to ensure they know who to contact about their care and understand the resources available to them.
-  **Diabetes No-Copay** program with telephonic coaching support and \$0 copay for diabetic supplies
-  **Nurse Advice Line** 24/7/365 access to a nurse to assist with health concerns and questions.
-  **Bright Beginning Prenatal Program** (earn a gift card) with maternity and resources support
-  **Nicotine/tobacco cessation** quit-aids covered to help you stop smoking/chewing
-  **Employee Assistance Program (EAP)** 5-visits per person, per year at no cost to the member
-  Living Well with **High Blood Pressure Program** online, self-directed program and resources
-  **Cost Advisor** online cost transparency tool to estimate your portion of procedures and services
-  **Identity theft protection** from Blue Cross of Idaho with Experian at no additional cost to you



Blue Cross of Idaho offers tools and services to help you lead your healthiest life. You can learn how to navigate the WellConnected section of the Blue Cross member portal with the short video tutorial posted on the OGI website: <https://ogi.idaho.gov/get-healthy/>.

Haven't set up your Blue Cross of Idaho member portal account to find out more information about the programs listed above? Have your Enrollee ID number handy and visit:

<http://members.bcidaho.com>

The member portal allows you to view plan information, explanation of benefits (EOB) documents, search for network providers, participate in WellConnected health challenges and so much more.



Learn about your benefits all year long with the **Stay Informed** section on the ogi.idaho.gov homepage. If you have any questions, visit our website or contact us at (208) 332-1860 or ogi@adm.idaho.gov.

Keith Reynolds, Director

650 W State Street, Room 100
P.O. Box 83720
Boise, ID 83720-0035

Jennifer Pike, Administrator

Phone: (208) 332-1860 or (800) 531-0597
Fax: (208) 332-1888 Email: ogi@adm.idaho.gov
Web: www.ogi.idaho.gov