



PREVENTIVE SERVICES

Covered contraceptive products



We are committed to empowering you to know your coverage options for preventive care and make informed health care decisions. Under our preventive services benefit, we cover FDA-approved contraceptives. Some contraceptives are available from a pharmacy (under your prescription medication benefit), while others are provided by your doctor (under your medical benefit). If you have preventive benefit coverage, these products are covered at no cost to you.

Not all plans include preventive benefits covered at 100%. Check your benefit booklet for your specific coverage.



Contraceptive products available from a pharmacy

The following contraceptive products are a prescription medication benefit available from an eligible retail pharmacy and are processed under your benefits. Please sign in to your [regence.com](https://www.regence.com) member account or contact Customer Service for information on in-network pharmacies.

Barrier methods

- Cervical cap
- Condoms
- Diaphragm
- Spermicide – Nonoxynol-9-containing gel
- Sponges – Nonoxynol-9-containing sponges

Emergency contraception

- Levonorgestrel-containing products – including but not limited to Plan B One-Step
- Ulipristal acetate-containing products – such as Ella

Non-oral hormonal methods

- Injection/shot
- Patch
- Vaginal contraceptive ring

Oral contraceptives

- Birth control pills – all products covered (mini pill/ progestin, combined pill, extended/continuous-use pill)
- Over-the-counter (OTC) birth control pill – Opill

Other

- Phexxi gel



Contraceptive products and services provided by a doctor

The following contraceptive products and sterilization services are available from in-network medical providers and are covered under your medical benefit. Please sign in on [regence.com](https://www.regence.com) or contact Customer Service for information on in-network providers.

Barrier methods

- Cervical cap
- Diaphragm

Implanted devices

- IUD copper – such as Paragard, Miudella
- IUD with progestin – such as Kyleena, Liletta, Mirena, Skyla
- Implantable rod – such as Nexplanon

Non-oral hormonal methods

- Injection/shot

Other

- Surgical implant
- Surgical sterilization

Questions?

Call the Customer Service number on your member ID card.

