



PHARMACY SERVICES

Optimum Value Medication List

Medications that offer the best value



Are you on a medication to prevent or manage a health condition?

The medications listed on this flyer can help prevent many illnesses and conditions for people who have risk factors.

If your medication is on this list, your prescription benefit helps you save money and stay on your treatment plan. Under some plans, you may not need to pay a copay, coinsurance and/or deductible for the medications on this list.

Be sure to follow your doctor's treatment plan – including taking prescribed medications as directed – to help you live a healthier life today and possibly avoid serious illness and high health care costs down the road.

Questions?

Call the Customer Service number on your member ID card.



Regence BlueShield of Idaho
is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield of Idaho
1602 21st Avenue | Lewiston, ID 83501

REG-ID-1280880-24/07-SO1
© 2024 Regence BlueShield of Idaho

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711).

Optimum Value Medication List

Effective 03/01/2026

<p>Anticonvulsants</p>	<p>carbamazepine tablet, chewable tablet, suspension carbamazepine ER capsule, tablet divalproex capsule divalproex DR tablet divalproex ER tablet ethosuximide capsule, solution gabapentin capsule, tablet, solution lamotrigine IR tablet, chewable tablet levetiracetam IR tablet, solution levetiracetam ER tablet lithium carbonate capsule, tablet lithium carbonate ER tablet oxcarbazepine tablet phenytoin chewable tablet, suspension phenytoin sodium ER capsule primidone tablet topiramate tablet topiramate sprinkle capsule valproate sodium solution valproic acid capsule zonisamide capsule</p>
<p>Cardiovascular <i>Alpha-adrenergic Agonists</i></p>	<p>clonidine tablet clonidine TD patch doxazosin tablet guanfacine tablet midodrine tablet prazosin capsule terazosin capsule</p>
<p>Cardiovascular <i>Antiarrhythmic</i></p>	<p>amiodarone 200mg tablet flecainide tablet mexiletine capsule Pacerone 200mg tablet propafenone IR tablet</p>
<p>Cardiovascular <i>Anticoagulants, Antiplatelets</i></p>	<p>cilostazol tablet clopidogrel tablet prasugrel tablet warfarin tablet</p>
<p>Cardiovascular <i>Beta Blockers</i></p>	<p>acebutolol capsule atenolol tablet</p>

	<p>betaxolol tablet bisoprolol fumarate tablet carvedilol tablet labetalol tablet metoprolol succinate ER tablet metoprolol tartrate tablet nadolol tablet nebivolol tablet propranolol tablet, solution propranolol ER capsule sotalol tablet sotatol AF tablet</p>
<p>Cardiovascular <i>Calcium Channel Blockers</i></p>	<p>amlodipine tablet Dilt-XR 24-hour capsule diltiazem ER tablet diltiazem coated beads ER 24-hour tablet diltiazem ER 12-hour and 24-hour capsule diltiazem IR capsule, tablet diltiazem SR capsule, tablet felodipine ER tablet isradipine capsule nifedipine capsule nifedipine ER tablet (osmotic release)</p>
<p>Cardiovascular <i>Cholesterol</i></p>	<p>atorvastatin tablet ezetimibe tablet fenofibrate capsule, tablet fenofibric capsule gemfibrozil tablet lovastatin tablet niacin ER tablet omega-3-acid capsule pravastatin tablet rosuvastatin tablet simvastatin tablet</p>
<p>Cardiovascular <i>Combination Products</i></p>	<p>amiloride-hydrochlorothiazide tablet amlodipine-benazepril capsule amlodipine-olmesartan medoxomil tablet amlodipine-valsartan tablet atenolol-chlorthalidone tablet benazepril-hydrochlorothiazide tablet bisoprolol-hydrochlorothiazide tablet enalapril-hydrochlorothiazide tablet</p>

	<p>irbesartan-hydrochlorothiazide tablet lisinopril-hydrochlorothiazide tablet losartan-hydrochlorothiazide tablet metoprolol-hydrochlorothiazide tablet moexipril-hydrochlorothiazide tablet olmesartan-hydrochlorothiazide tablet propranolol-hydrochlorothiazide tablet spironolactone-hydrochlorothiazide tablet telmisartan-hydrochlorothiazide tablet triamterene-hydrochlorothiazide capsule, tablet valsartan-hydrochlorothiazide tablet</p>
<p>Cardiovascular <i>Diuretics</i></p>	<p>acetazolamide tablet amiloride tablet bumetanide tablet chlorothiazide tablet chlorthalidone tablet furosemide tablet, solution hydrochlorothiazide capsule, tablet indapamide tablet metolazone tablet spironolactone tablet torsemide tablet</p>
<p>Cardiovascular <i>Renin/Angiotensin System Antagonists</i></p>	<p>benazepril tablet candesartan tablet enalapril tablet epplerenone tablet fosinopril tablet irbesartan tablet lisinopril tablet losartan tablet moexipril tablet olmesartan tablet perindopril erbumine 4mg tablet ramipril tablet telmisartan tablet trandolapril tablet valsartan tablet verapamil tablet verapamil ER tablet, capsule verapamil SR capsule</p>

Cardiovascular <i>Vasodilators</i>	hydralazine tablet isosorbide mononitrate tablet isosorbide mononitrate ER tablet minoxidil tablet nitroglycerin patch nitroglycerin sublingual tablet Nitro-Time capsule
Cardiovascular <i>Other</i>	digoxin tablet ranolazine tablet ranolazine ER tablet
Diabetes <i>Glucose Rescue Products</i>	Baqsimi® GlucaGen® HypoKit® Glucagon® Gvoke® PFS (prefilled syringe) Zegalogue®
Diabetes <i>Insulin</i>	All insulin products (except Admelog® and Relion insulins)
Diabetes <i>Metformin Products</i>	glipizide-metformin tablet glyburide-metformin tablet metformin tablet metformin ER tablet (non-osmotic, non-modified)
Diabetes <i>Sulfonylureas</i>	glimepiride tablet glipizide tablet glipizide ER tablet glyburide tablet glyburide micronized tablet tolazamide tablet
Diabetes <i>Test Strips, Diabetic Supplies</i>	Abbott Freestyle® products Ascensia Contour® products Lancets Needles, Syringes
Diabetes <i>Other</i>	acarbose tablet nateglinide tablet pioglitazone tablet repaglinide tablet
Mental Health <i>Antidepressant, Selective Serotonin Reuptake Inhibitors (SSRIs)</i>	citalopram tablet, solution escitalopram tablet, solution fluoxetine capsule, solution fluvoxamine IR tablet paroxetine tablet

	sertraline solution, tablet
Mental Health <i>Antidepressant, Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs)</i>	desvenlafaxine succinate SR tablet duloxetine capsule (except 40mg) venlafaxine ER capsule venlafaxine IR tablet
Mental Health <i>Antidepressant, Tricyclic Agents</i>	amitriptyline tablet doxepin solution, concentrate nortriptyline capsule
Mental Health <i>Antidepressant, Other</i>	bupropion ER tablet bupropion IR tablet bupropion SR tablet bupropion XL tablet mirtazapine tablet (non-ODT)
Mental Health <i>Antipsychotics, Antimanic Agents</i>	aripiprazole tablet (non-ODT) haloperidol tablet, oral concentrate olanzapine tablet (non-ODT) quetiapine IR tablet quetiapine SR tablet risperidone solution, tablet (non-ODT) trifluoperazine tablet ziprasidone capsule
Osteoporosis	alendronate tablet (except 5mg) calcitonin nasal solution ibandronate tablet risedronate 35mg and 150mg IR tablet
Respiratory <i>Inhaled Corticosteroids</i>	Advair® HFA Arnuity® Ellipta® Asmanex® HFA Asmanex® Twisthaler® Breo Ellipta inhaler Breynd® inhaler Breztri Aerosphere® budesonide inhalation suspension, nebulized budesonide-formoterol fumarate inhaler Dulera® fluticasone-salmeterol diskus oral inhalation fluticasone-salmeterol inhaler QVAR RediHaler® Trelegy Ellipta Wixela Inhub®

Respiratory <i>Leukotriene Receptor Antagonists</i>	montelukast tablet, chewable tablet
Respiratory <i>Long Acting Beta Agonists (LABA) / Anticholinergics</i>	Stiolto® Respimat® Anoro® Ellipta®
Respiratory <i>Short Acting Beta Agonists (SABA)</i>	albuterol nebulized albuterol sulfate HFA inhaler (generic ProAir® HFA, Proventil® HFA) ProAir RespiClick® Ventolin® HFA inhaler Xopenex HFA®
Respiratory <i>SABA/Anticholinergics</i>	Combivent Respimat inhaler ipratropium-albuterol inhaler ipratropium-albuterol nebulized
Respiratory <i>Other</i>	roflumilast tablet Spacers, masks (for use with inhalers) Strive® Peak Flow Meter TruZone® Peak Flow Meter

KEY:

- DR.....delayed-release
- ER.....extended-release
- IR.....immediate-release
- ODT.....orally disintegrating tablet
- SR.....sustained-release
- XL.....extended-release
- XR.....extended-release