

Regence



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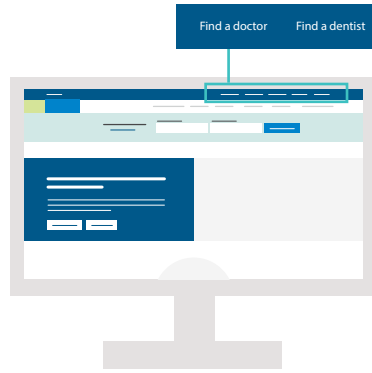
## With Regence, you're covered everywhere



Signing up for a new health plan can be daunting. When you choose Regence, you get access to the largest network of providers across the country through the BlueCard® program. So whether you're working in your company's main office or from a field location, or you're a remote employee, you can get care from more than 2 million doctors and hospitals that contract with Blue Cross Blue Shield companies—more than any other insurer.

There's no extra work for you to do either. That's because BlueCard works behind the scenes to connect with a local Blue® Plan for claims and payments to the provider. You'll pay any normal cost-shares and then receive an explanation of benefits (EOB) from your Regence plan. All you have to do is show your member ID card when getting care, and we'll take it from there.

# Explore our networks

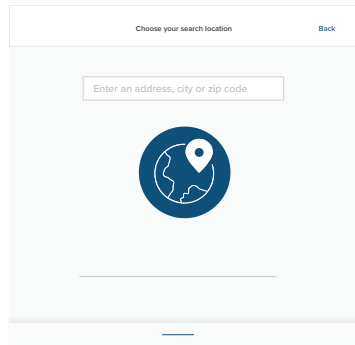
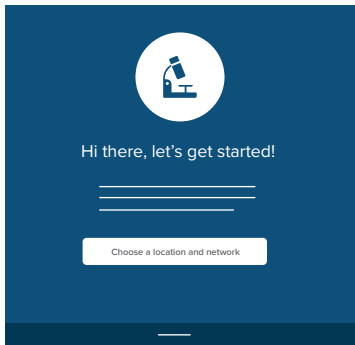


1

Go to [regence.com](https://www.regence.com) and select **Find a doctor** from the top navigation bar.

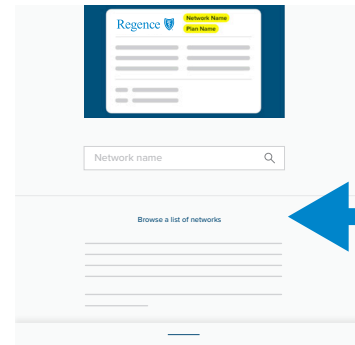
2

Select **Choose a location and network** and enter your location information.



3

Scroll way down the page and click on **Browse a list of networks**.



4

Select a network based on your location and your company's plan selection.

- A) If you're seeking services in Idaho, Oregon, Utah or Western Washington, select **Preferred Network** for the PPO and HDHP plans or the **Participating Network** for the Traditional plan.
- B) If you're seeking services anywhere else, including Eastern Washington, select **National BlueCard PPO** for the PPO or HDHP plans or **National BlueCard Participating** for the Traditional plan.

Now you can search for doctors, specialists and facilities, and filter by gender, languages spoken and more.



## Need help?

Need help finding doctors near you or have questions about getting care? Our Customer Service team can help. Call us at 1-800-854-5585.

