

# STATE OF IDAHO

## Active Employee Plans

COBRA Monthly Premium Rates Effective 7/1/2025 through 6/30/2026

### MEDICAL - COBRA ADMINISTRATION

HMA administers COBRA medical coverage for Regence BlueShield of Idaho for the state of Idaho group members. To request an informational / enrollment packet, please contact HMA at 1-833-670-0900.

### DENTAL - COBRA ADMINISTRATION

Blue Cross of Idaho administers COBRA dental coverage for the state of Idaho group members. To request an informational / enrollment packet, please contact Blue Cross at 1-800-289-8613 ext. 8211.

### MONTHLY PREMIUMS\*

**Medical Coverage** (You may only choose a continuation of the plan in effect on the date your active employee coverage ends)

	High Deductible Plan	PPO Plan	Traditional Plan
Subscriber	\$571	\$787	\$887
Subscriber and Spouse	\$1,235	\$1,701	\$1,916
Subscriber and Child	\$800	\$1,102	\$1,241
Subscriber and Children	\$1,132	\$1,559	\$1,756
Subscriber Spouse and Child	\$1,458	\$2,008	\$2,262
Subscriber, Spouse and Children	\$1,869	\$2,575	\$2,900

### Dental Coverage

Subscriber	\$34
Subscriber and Spouse	\$66
Subscriber and Child	\$65
Subscriber and Children	\$110
Subscriber Spouse and Child	\$97
Subscriber, Spouse and Children	\$152

\*You may choose to COBRA Medical or Dental or both.