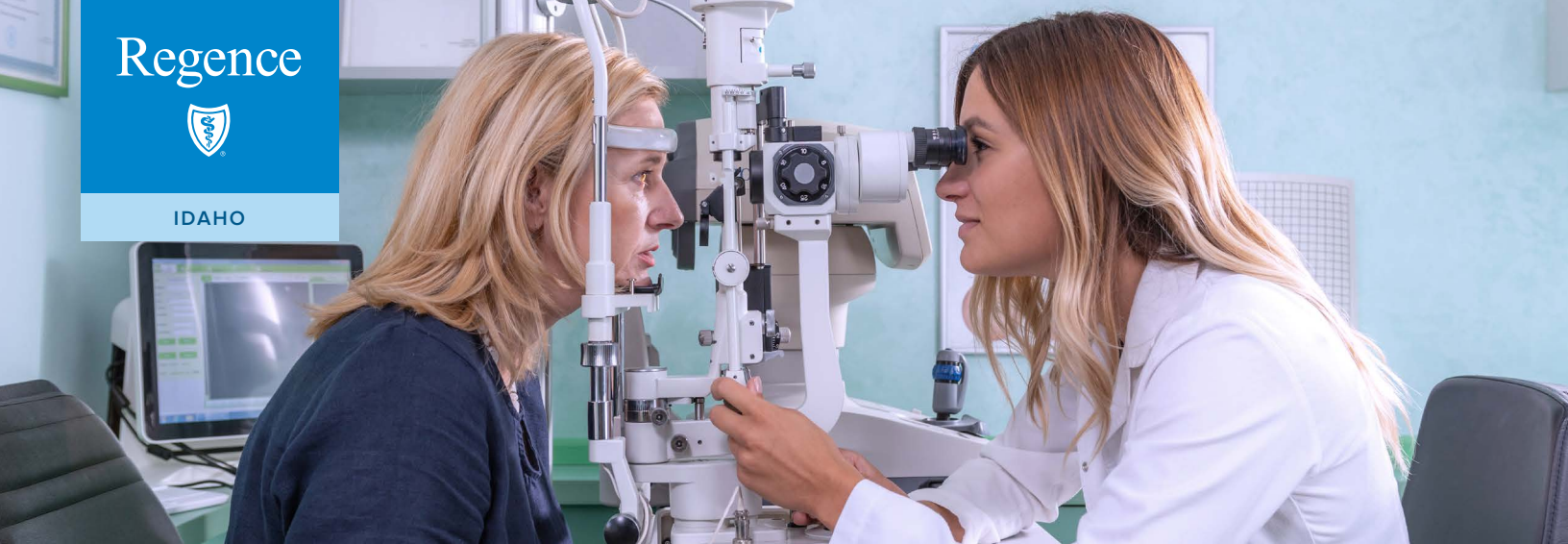


Regence



IDAHO



Using your Regence Choice Vision plan is easy

Vision care is an important part of your overall health. That's why your vision plan promotes preventive care.

With open access to see any eye care provider, you can choose the one who's right for you. While you can select a VSP doctor or any other provider, your benefits are higher when you use the VSP Choice network.



VSP WellVision Exam

Your plan includes the VSP WellVision Exam. This comprehensive screening can spot a range of vision problems, including glaucoma and diabetic retinopathy, as well as signs of serious health conditions like high blood pressure and high cholesterol.



Personalized care

A VSP doctor provides personalized care that focuses on keeping you and your eyes healthy year after year. When you see a VSP doctor, you'll get the most out of your benefits and have lower out-of-pocket costs. Plus, a VSP doctor will submit your claim to Regence, which means no extra work for you.

The VSP Choice network has nearly 119,000 provider access points across the country, including VSP Premier Edge providers in select locations. If there are no community-based providers nearby, you can check with a popular retail chain in your area—like Costco® Optical, Walmart®, Sam's Club® and Visionworks®—to see if they participate in the VSP network. Keep in mind you'll need to submit your own claim if you visit a retailer instead of a VSP doctor.



Choice in eyewear

From classic styles to the latest designer frames, you'll find hundreds of options for you and your family.

Prefer to shop online?

Use your vision benefits at eyeconic.com, VSP's preferred online eyewear store.

Know before you go

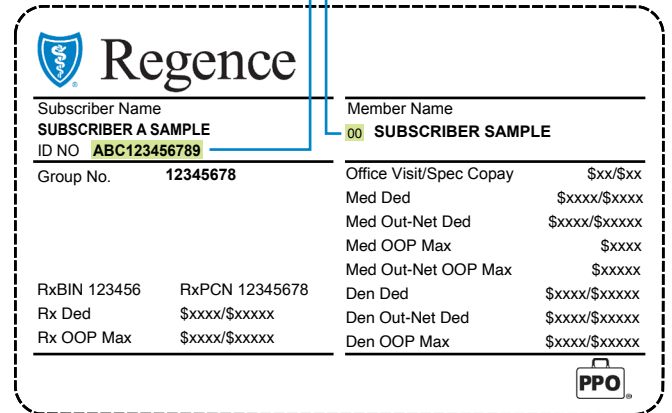
Check your or your covered family members' benefits before your appointment for more details on your plan and what you can expect to pay. Sign in to vsp.com to access your vision benefits. Family members covered by your health plan can see their benefits this way, too.

Don't have a VSP account? To [create one](#), you'll need your Regence member ID card with your **member ID number** and **member suffix number**.

Use the **member ID number** and the **dependent member suffix** to set up a dependent account to view dependent coverage.

Member ID number

Member suffix number



You can view your Summary of Benefits Coverage or Regence Choice Vision booklet on regence.com for full details on your vision benefits.

Find an eye doctor

Here are three easy ways to find a VSP doctor and save:



Search for a doctor on vsp.com



Call VSP at 1-844-299-3041



Find a doctor on regence.com

At your appointment, tell them you have VSP and show them your Regence member ID card.

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Regence BlueShield of Idaho is an Independent Licensee of the Blue Cross and Blue Shield Association

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