



Understanding your pharmacy benefits

Welcome to Regence! Whether you want to know if a medication’s covered under your plan or are looking for ways to save on prescriptions, we’re here to help you find the information you need.

Is your medication covered?

When it comes to choosing medications, it’s important to know how a drug formulary—also called a covered-drug list or prescription drug list—works. A formulary is a list of pre-approved drugs that your Regence health plan helps cover. So when you fill your prescription, you don’t have to pay full price.

The Regence formulary divides medications into multiple tiers, each with its own cost-share. Before we add a medication to the list, our team of doctors and pharmacists carefully evaluates how safe and effective it is while assessing whether it will improve health.

| | |
|---------------|---|
| Tier 1 | Preferred generics (typically the least costly at the pharmacy) |
| Tier 2 | Generics and some lower-cost brand products |
| Tier 3 | Preferred brand-name drugs that are typically less costly |
| Tier 4 | Typically higher-cost brand-name drugs |
| Tier 5 | Preferred specialty medications; may include lower-cost brand or generic specialty medications |
| Tier 6 | Higher-cost specialty medications; may include higher-cost brand or generic specialty medications |

See if your medication’s covered and how much it’ll cost:



Sign in to your Regence account.*



Select **Covered services**.



Click on the **Pharmacy** tab.



Choose **Find a drug** under **Check costs and coverage**.

*Don't have an account? [Create one](#) or use our [shop module](#) to compare plan offerings.

Pre-authorization requirements

To ensure you’re getting an effective drug at an affordable price, we review some medications before we cover them. Drugs on the pre-authorization list include many for which equal or more effective and lower-cost options exist.

If your drug requires pre-authorization, you’ll want to do one of two things:



Talk with your doctor to see if there’s an alternative treatment that does not require pre-authorization.

OR



Have your doctor or pharmacist request pre-authorization for your medication. You may need to get that authorization before you can get your prescription filled.

Ways to save

Regence has lots of ways to help you save money on your medications, including lower-cost network pharmacies, online cost-comparison tools and convenient fill options.

Network pharmacies

Medication prices can vary among pharmacies. To save money, it's best to get your prescriptions filled at a pharmacy in your network. Sign in to your Regence account to find one.

Generics

Generic and brand-name medications have the same strength, quality and purity. But generics can cost up to 80% less. So, ask your doctor if there's a generic drug that will work for you.

Specialty pharmacy

Some medications are considered specialty drugs and may require special handling or administration, available only in 30-day supplies. These prescriptions must be filled through Accredo by calling a patient care advocate at 1-833-599-0514.

Home delivery with Amazon MedsYourWay

Trade the trips to your pharmacy for convenient home delivery from Amazon Pharmacy.* When you use mail order, your medications are delivered to a location of your choice with free standard shipping.

There are three ways to get your medications mailed:

1. Grab your insurance card and visit Amazon.com/regenceIDMYW and click **Get Started**.
2. Call Amazon Pharmacy Customer Care for Regence BlueShield of Idaho members at 1-855-793-5327.
3. Ask your provider to send a prescription to Amazon.

90-day supplies



Ask your doctor to write your prescription for up to a 90-day supply, and make sure you get it filled at an in-network pharmacy for the most savings. That means fewer trips to the pharmacy.

How to fill your prescription

Whether you have a new prescription or need to refill an existing one, our network of more than 65,000 participating pharmacies has you covered—across the country and around your corner.

Show your member ID card to your pharmacist so they can file your claim with us online and tell you how much you owe.

Share these numbers with your pharmacist

| | |
|---|---|
| Regence  PPO | |
| Subscriber Name JOHN Q PUBLIC | Member Name JOHN Q PUBLIC |
| ID NO XXXX000000000 | |
| Group No. 00000000 | Copy SXX |
| | Med Ded SXXXXX0000 |
| | Med OOP Max SXXXXX0000 |
| RxBIN 610624 | RxPCN 02080000 |
| Rx OOP Max | INCL W/ MED |
| |  |



Questions?

Call the Customer Service number on your member ID card. We're open 24 hours a day, seven days a week.



Regence BlueShield of Idaho
is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield of Idaho
1602 21st Avenue | Lewiston, ID 83501

REG-ID-1289935-24/03-SOI
© 2024 Regence BlueShield of Idaho

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711).

*Amazon Pharmacy does not dispense Schedule 2 controlled substance drugs. These are drugs with a high potential for abuse. Amazon Pharmacy is a separate company that provides pharmacy home delivery services.

Accredo Health does not provide Blue Cross and/or Blue Shield services and is a separate company solely responsible for its products/services.