



PREVENTIVE SERVICES

## Covered contraceptive products



We are committed to empowering you to know your coverage options for preventive care and make informed health care decisions. Under our preventive services benefit, we cover FDA-approved contraceptives. Some contraceptives are available from a pharmacy (under your prescription medication benefit), while others are provided by your doctor (under your medical benefit). All of these products are covered at no cost to you.



## Contraceptive products available from a pharmacy

The following contraceptive products are a prescription medication benefit available from an eligible retail pharmacy and are processed under your benefits. Please sign in to your [regence.com](https://www.regence.com) member account or contact Customer Service for information on in-network pharmacies.

### Barrier methods

Cervical cap  
Condoms  
Diaphragm  
Spermicide – Nonoxynol-9-containing gel  
Sponges – Nonoxynol-9-containing sponges

### Emergency contraception

Levonorgestrel-containing products – including but not limited to Plan B One-Step  
Ulipristal acetate-containing products – such as Ella

### Non-oral hormonal methods

Injection/shot  
Patch  
Vaginal contraceptive ring

### Oral contraceptives

Birth control pills – all products covered (mini pill/progestin, combined pill, extended/continuous-use pill)  
Over-the-counter (OTC) birth control pill – Opill

### Other

Phexxi gel



## Contraceptive products and services provided by a doctor

The following contraceptive products and sterilization services are available from in-network medical providers and are covered under your medical benefit. Please sign in on [regence.com](https://www.regence.com) or contact Customer Service for information on in-network providers.

### Barrier methods

Cervical cap  
Diaphragm

### Implanted devices

IUD copper – such as Paragard  
IUD with progestin – such as Kyleena, Liletta, Mirena, Skyla  
Implantable rod – such as Nexplanon

### Non-oral hormonal methods

Injection/shot

### Other

Surgical implant  
Surgical sterilization

## Questions?

Call the Customer Service number on your member ID card.



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1602 21st Avenue | Lewiston, ID 83501

REG-ID-1283854-24/02-SOI  
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