

Department of Administration Office of Group Insurance

FY2021 Plan Information Highlights

For plan year July 1, 2020 - June 30, 2021

For the coming plan year, the state's health plan will continue to offer employees choice in the plan design that best meets their needs while enhancing the covered services and plan structures. Summaries of Benefits and Coverage (SBCs) and medical and dental premium rates are posted on the OGI website, <u>https://ogi.idaho.gov</u>. Full plan contracts will be posted to the website as soon as possible.

FOR ALL ACTIVE MEDICAL PLANS:

• In-Network VSP Vision Benefits

Lower exam copay and higher allowance for frames when you see an in-network VSP provider. Access the searchable provider list on the VSP website to find a provider near you. If you choose to see an out-of-network provider, you will still receive the same reimbursement for exams, lenses and frames as in previous contract years.

- New PBM, IngenioRx, to provide all the plan's pharmacy management needs.
 CVS Caremark had previously provided this service. New member ID cards will be mailed to all members at the beginning of the plan year to reflect this change.
- Nurse Advice Line available 24/7/365 at no charge to members.

PPO PLAN UPDATES (For Active & Retiree Plans)

ChoiceDocs Network of Providers
 Reduce your copay by selecting a doctor or specialist in the ChoiceDocs network. Access the searchable
 provider list on the Blue Cross of Idaho member portal, members.bcidaho.com, to find a ChoiceDoc.

DENTAL BENEFIT CHANGES

• Dental cleanings updated to two (2) per year instead of one (1) every six (6) months to make it even easier to get your dental cleanings and exams done.

FLEXIBLE SPENDING ACCOUNTS (FSA)

• Medical FSA limits have been increased to match the federal contribution maximum, \$2,750.

Setting up your telehealth benefit is now as easy as sending a text message!



Meet Sophie, your MDLIVE personal assistant. Sophie makes creating an MDLIVE account quick and easy using your smartphone, anytime, anywhere. Text 'bcidaho' to MDLIVE (635483) to get started. Have your member ID number handy as well.

How it works

- 🗹 1. Activate your account
- 😰 2. Choose a doctor





As a plan participant, you can save time, save money and improve your health with continued access to the following programs:
Mail-Order Pharmacy - get 3-months of your maintenance medications for 2 copays
Disease Management Programs for: asthma, diabetes, COPD, coronary artery disease or congestive heart failure to work with a case manager to coordinate your care and provide resources
Diabetes No-Copay program with telephonic coaching support and \$0 copay for diabetic supplies
Bright Beginning Prenatal Program (earn a gift card) with maternity and resources support
Nicotine/tobacco cessation quit-aids covered to help you stop smoking/chewing
Employee Assistance Program (EAP) 5-visits per person, per year at no cost to the member
Living Well with High Blood Pressure Program online, self-directed program and resources
Cost Advisor online cost transparency tool to estimate your portion of procedures and services
Identity theft protection from Blue Cross of Idaho with AllClearID at no additional cost to you



Blue Cross of Idaho offers tools and services to help you lead your healthiest life. You can learn how to navigate the WellConnected section of the Blue Cross member portal with the short video tutorial posted on the OGI website: <u>https://ogi.idaho.gov/get-healthy/</u>.

Haven't set up your Blue Cross of Idaho member portal account to find out more information about the program listed above? Have your Enrollee ID number handy and visit:

http://members.bcidaho.com

The member portal allows you to view plan information, explanation of benefits (EOB) documents, search for network providers, participate in WellConnected health challenges and so much more.



Learn about your benefits all year long with the **Stay Informed** section on the <u>ogi.idaho.gov</u> homepage. If you have any questions, visit our website or contact us at (208) 332-1860 or <u>ogi@adm.idaho.gov</u>.

Keith Reynolds, Director

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